



## Nigel Sutton Seminars 2009

### UK Autumn Seminars 2009

Nigel Sutton will be touring the UK during October and November delivering seminars to students from all regions of the Zhong Ding Organisation.

The tour will include hosting the Zhong Ding Autumn Camp in the East Midlands



| Time  | Event   | Location  | Contact        | Email                        |
|---|---|---|----------------|------------------------------|
| Friday 30 October 2009 – Sunday 01 November |   |   |                |                              |
|   | Zhong Ding Camp   | Walesby, Nottinghamshire  | Don Harradine  | d.harradine@sky.com          |
| Thursday 05 November 2009                   |   |   |                |                              |
| 19.30-21.30                                 | Yang Long Form, Part II                                     | St Marks Church Hall, Mansfield                                 | Don Harradine  | d.harradine@sky.com          |
| Saturday 07 November 2009                   |   |   |                |                              |
| All day                                     | Short Stick Training  | York (venue tba)  | Jon Marsh      | jjimarsh@gmail.com           |
| Sunday 08 November 2009                     |   |   |                |                              |
| All day                                     | Form and Pushing Hands                                      | York (venue tba)  | Jon Marsh      | jjimarsh@gmail.com           |
| Saturday 14 November 2009                   |   |   |                |                              |
| 09.00-11.00                                 | Advanced Training   | Sydney Walter Centre, Sussex Road, Worthing, BN11 1DS           | Jan Simpson    | j.simpson6@googlemail.com    |
| 12.00-16.00                                 | Peng, Lu, Ji, An. foundation forces in form & pushing hands | Sydney Walter Centre, Sussex Road, Worthing, BN11 1DS           | Jan Simpson    | j.simpson6@googlemail.com    |
| Sunday 15 November 2009                     |   |   |                |                              |
| 12.00-16.00                                 | Single and double short stick techniques                    | Sydney Walter Centre, Sussex Road, Worthing, BN11 1DS           | Jan Simpson    | j.simpson6@googlemail.com    |
| Saturday 21 November 2009                   |   |   |                |                              |
| 10.00-16.00                                 | Yang Long Form, Part II                                     | Kingskerswell Hall, Newton Road, Kingskerswell, Devon, TQ12 5EH | John Fowler    | johnjfowler@blueyonder.co.uk |
| Saturday 28 November 2009                   |   |   |                |                              |
| All day                                     | Advanced Training   | Ex-Servicemen's Club, Sunbury-on-Thames, TW16                   | Tony Ulatowski | tony_ula@yahoo.com           |
| Sunday 29 November 2009                     |   |   |                |                              |
| All day                                     | tba   | Yeading Community Centre, Ditchfield Road, UB4 9BH              | Brian Woodruff | brian@zhong-ding.com         |

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**Zhong Ding**

Traditional Chinese  
 Martial Arts Association